



Tobacco Cessation Program

Acknowledgement of TCP Medication Side Effects

The following medications below are used in the Tobacco Cessation Program to help individuals quit smoking. Your primary care provider will make the final decision if you can use medication and which medication is right for you. Please read the following side effects for each medication carefully and discuss with your provider, if necessary. This is not a complete list of all the side effects, for a complete list; ask your doctor or pharmacist.

ZYBAN (bupropion hydrochloride)

The most common side effects include dry mouth and trouble sleeping. These side effects are generally mild and often disappear after a few weeks. If you have trouble sleeping, do not take ZYBAN too close to bedtime.

CHANTIX (varenicline tartrate)

The most common side effects include nausea, vomiting, constipation, gas, trouble sleeping and/or unusual dreams. Please discontinue use and notify your primary care provider and counselor as soon as possible if you experience any of the following side effects:

Thoughts about suicide or dying	Extreme increase in activity and talking	Attempts to commit suicide	Abnormal thoughts or sensations
New or worse depression	Seeing or hearing things that are not there (hallucinations)	New or worse anxiety	Panic attacks
Feeling people are against you (paranoia)	Feeling very agitated or restless	Feeling confused	Acting aggressive, being angry or violent
Other unusual changes in behavior or mood	Acting on dangerous impulses	Trouble sleeping	Seizure
High blood pressure	Allergic reaction	Cardiovascular problems	Chest discomfort

NRT (Nicotine Replacement Therapy)

Nicotine replacement products are designed to wean the body off cigarettes. These supply you with nicotine in controlled amounts while sparing you from other chemicals found in tobacco products. For the TCP program, the NRTs include a nicotine patch, gum and lozenge.

When applying a new patch, rotate the site placement of the patch for best absorption. You should stop using a nicotine replacement product and call your health care professional if you experience nausea, dizziness, weakness, vomiting, fast or irregular heartbeat, mouth problems with the lozenge or gum, or redness or swelling of the skin around the patch that does not go away. Do not use any other product containing nicotine while using a nicotine replacement product.

NICOTROL- nicotine inhalant

You may experience mild irritation of the mouth or throat and cough when you first use the Nicotrol Inhaler. You should get used to these effects in a short time. Stomach upset may also occur. Do not use more than 16 cartridges each day unless directed to do so by your doctor. Do not use longer than 6 months. Store cartridges at room temperature, not to exceed 77°F (25°C). If you keep cartridges in car, be careful: interiors heat up quickly. Protect from light. Clean mouthpiece regularly with soap and water.

- I have read and understand the above side effects are possible with the TCP medications (Zyban, Chantix, Nicotrol inhaler; Nicotine Patch, Gum and Lozenge).

- I understand there may be additional side effects possible that are not listed.
- I understand this information does not take the place of talking with my provider about my condition or treatment.
- I understand I will notify my provider and counselor as soon as possible if I experience any side effects.

Patient Signature

Date